



# Byron Township Recreation

**WINTER 2026**

2120 76th Street SW, Byron Center, MI 49315



# BYRON TOWNSHIP RECREATION

2120 76th Street SW, Byron Center, MI 49315

## Building Hours

### Monday - Thursday

6:00AM - 8:00PM

### Friday

6:00AM - 7:00PM

### Saturday

8:00AM - 12:00PM

### Sunday

CLOSED

## Contact

616.878.1998

## Upcoming Closings

Wednesday, December 24

Thursday, December 25

Christmas

Wednesday, December 31

Thursday, January 1

New Years

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**Our Mission...** Joining together with you and your family is what makes Byron Township Recreation committed to building a strong, healthy, and successful community through people, parks, and programs.

**Age Requirement...** All participants must be within the age requirements of the program by the time the program begins.

**Americans with Disabilities Act...** Byron Township fully supports the Americans with Disabilities Act and will take the necessary action to comply with its provisions. If you have special needs to participate in any of the programs offered, please contact the Byron Township Recreation Department at 616.878.1998.

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## Amenities Include:

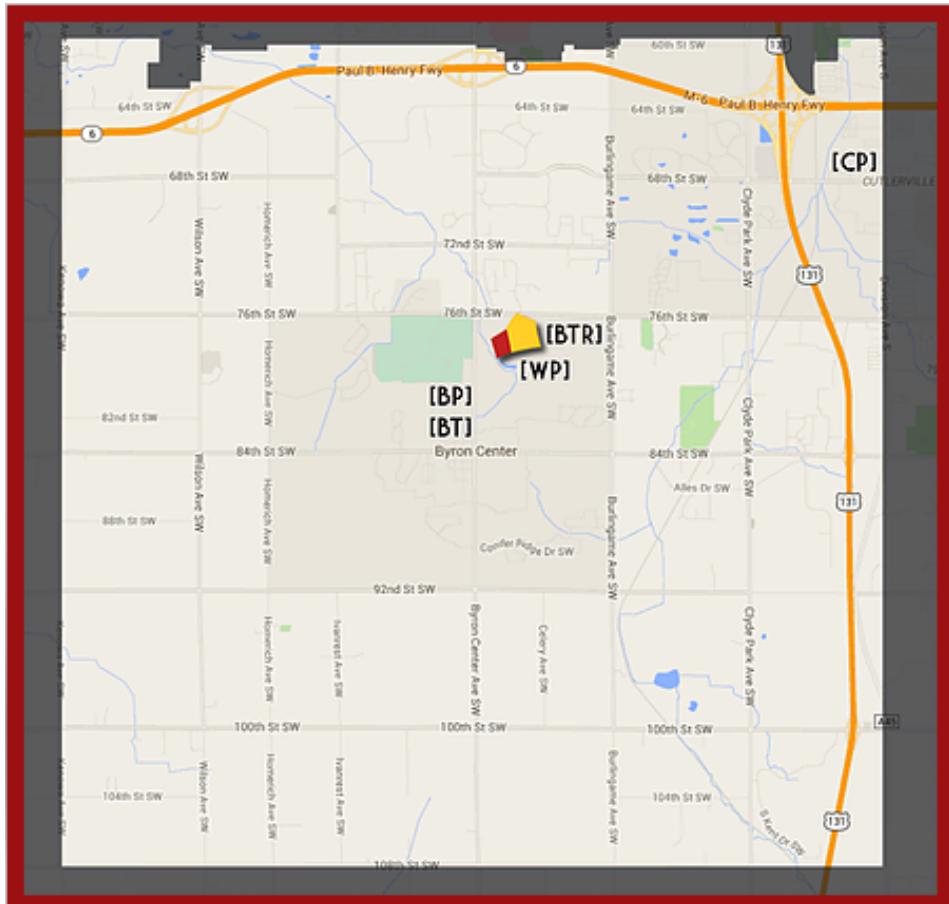
Books  
Cable TV  
Lounge Areas  
Wi-Fi  
Pool Tables

# ARE YOU A RESIDENT OF BYRON TOWNSHIP?

Review the map below to see where our Township boundaries are and if you might qualify for special resident discounts on memberships!

The boundaries are approximately:

**M-6 to 108th and Division Ave. to Kenowa Ave.**



## Byron Township

[BTR] Byron Township Parks & Rec. Dept.  
& Community Center  
2120 76th Street SW

[BT] Byron Township Offices  
& Town Hall  
8085 Byron Center Avenue SW

## Byron Township Parks

[WP] Whistlestop Park  
2120 76th Street SW

[CP] Cutler Park  
6701 Cutler Park Drive SW  
[BP] Bicentennial Park  
8085 Byron Center Avenue SW

# Memberships

## Definitions:

**Resident (R):** Person who pays their personal property taxes to Byron Township. Please see the Byron Township map on page 2.

**Non-Resident (NR):** Anyone outside of Byron Township.

**Family:** This includes you and those living in your household that are claimed on your taxes.

Stop in the Community Center any time during our normal hours to sign up for a membership! Come take a tour and see what the Byron Township Community Center has to offer! We have weight machines, cardio machines, a walking track, and so much more! Signing up is easy, just fill out the form at the front desk when you arrive or print one off of our website.

**Identification Required:** Proof of identification is required to receive the Byron Township resident discounted pricing. ID is also required to prove age, as we require a person to be 18 years or older to sign the membership form. **Anyone 17 or younger must have a parent or guardian sign the membership form on their behalf.** Accepted forms of ID are:

- **Photo ID:** Driver's License or state ID
- **Proof of Residence:** Current gas, cable, electric, landline telephone, water or sewer bill, tax forms, or your car registration. Envelopes with addresses are not accepted.

**Children Under 13 Years Old:** Children 12 and under must be supervised at all times by a parent/guardian (18 years or older). **Machine usage is not permitted at any time for children under the age of 13.** Additionally, they may not be upstairs at any time.

# Pickleball

You must be a member of the Community Center OR come with a member and purchase a day pass to play indoor pickleball. We designate days and times for open pickleball play at the Community Center:

**Tuesday & Thursday: 7:00AM - 2:00PM**

**Friday: 11:00AM - 3:00PM**

We also have 12 outdoor pickleball courts located at Bicentennial Park that may be used during open parks season (April-October) ONLY. These courts are free to use as available and are first come first serve unless otherwise posted by the Byron Township Parks & Rec Department.

## Fitness Membership Rates at the Community Center

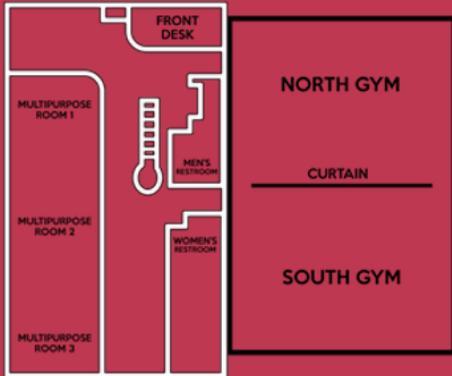
Resident	Year	Month	Day
Ages 4-17	\$130	\$20.00	\$5.00
Ages 18-54	\$200	\$25.00	\$5.00
Ages 55+	\$150	\$20.00	\$5.00
Family	\$410	\$46.00	N/A

Non-Resident	Year	Month	Day
Ages 4-17	\$195	\$30.00	\$7.00
Ages 18-54	\$300	\$38.00	\$7.00
Ages 55+	\$225	\$30.00	\$7.00
Family	\$615	\$69.00	N/A

**Membership grants access to the Community Center's gymnasium and fitness center.**

**Membership to the fitness center does not include the cost of classes. You don't have to be a member to take classes.**





**As with the fitness center, gymnasium use does require a valid membership. See the rates and options on page 3 details.**

**Open gym times vary, see the monthly gym calendar or give us a call to check times.**

**The gymnasium is also available for rental after hours. Contact [kenzie@byrontownship.org](mailto:kenzie@byrontownship.org) for details and availability.**

# Gymnasium

With any membership or day pass, you not only gain access to our fitness center, but our gymnasium as well! See the calendar of events posted by the gym to find out the best times to visit!

To make sure the gym is enjoyed by everyone who uses it, we have a few guidelines that we enforce. Those in violation will be required to leave and could be banned from future use. Please note, we have zero tolerance policy for fighting.

- Shirts are required at all times.
- Clean, non-marking shoes are required.
- No food, drinks, or candy are permitted. Water/Gatorade in a container with a lid is required.
- Inappropriate and foul language are prohibited.
- Discard your garbage in the waste baskets.
- Please report any incidents or injuries immediately to staff.
- Please respect all Byron Township equipment and staff.
- Gym patrons are responsible for any damage to equipment.
- The fire doors are not to be propped open at any time.
- Return equipment to the proper location.

## Rentals

Planning a party, meeting, or corporate event? Areas of the Byron Township Community Center and Byron Township Parks are available for rent, provided the activities are compatible with the facilities and hours of operation. All rental applications must be in writing and are subject to availability. Call us or stop in to verify that your date is available. Also feel free to stop by and take a look at what we have to offer; we are happy to show you around! For complete information on facility/park rentals, please call the Community Center, stop by, or visit [byrontownshiprec.org](http://byrontownshiprec.org).



### Facility Rental Rates

Room 1 (plus kitchen) | 747 sq ft

- \$30/hr R | \$40/hr NR - Holds up to 28 people

Room 2 | 1090 sq ft

- \$20/hr R | \$30/hr NR - Holds up to 56 people

Room 3 | 898 sq ft

- \$20/hr R | \$30/hr NR - Holds up to 42 people

Rent one room or combine them to accommodate the space you need. Rooms are available to rent after hours, just add \$15/hr to the rates above.

### Park Rental Rates

Bicentennial Park Hexagon Pavilion

- \$75 R | \$100 NR - Holds 75-100 people

Bicentennial Park Rectangle Pavilion

- \$75 R | \$100 NR - Holds 75-100 people

Whistlestop Park Pavilion

- \$75 R | \$100 NR - Holds 75-100 people

Pavilion rental times are 10AM-3PM or 4PM-9PM Monday to Saturday & 1PM-6PM on Sundays.

# Toddler Recreation ages 1+

Toddler Recreation is a drop-in program that allows your child to play and release some energy during the colder months. We provide many items to play with, including gymnastics mats, sports balls, hula hoops, plus space to run, jump and play. Children must be supervised by their adult at all times.



**Wednesdays & Fridays until March**

**9:30AM - 11:30AM**

**\$1 each resident child | \$2 each non-resident child CASH ONLY**

## Ballet age 2

**Session 1: January 5 - February 9**

**Session 2: February 23 - March 30**

**\$50 Resident | \$55 Non-Resident**

**Monday Mornings**

**9:15AM - 9:45AM**

**Session 1: January 6 - February 10**

**Session 2: February 24 - March 31**



**\$50 Resident | \$55 Non-Resident**

**Tuesday Evenings**

**4:30PM - 5:00PM**

## Ballet/Tap ages 3 - 4

**Session 1: January 6 - February 10**

**Session 2: February 24 - March 31**

**\$50 Resident | \$55 Non-Resident**

**Tuesday Evenings**

**5:00PM - 5:45PM**

**Session 1: January 8 - February 12**

**Session 2: February 26 - April 2**

**\$50 Resident | \$55 Non-Resident**

**Thursday Evenings**

**5:00PM - 5:45PM**



# Ballet/Tap ages 3 - 5

Session 1: January 5 - February 9

Session 2: February 23 - March 30

**\$50 Resident | \$55 Non-Resident**

**Monday Mornings**

**9:45AM - 10:30AM**

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Session 1: January 8 - February 12

Session 2: February 26 - April 2



**\$50 Resident | \$55 Non-Resident**

**Thursday Mornings**

**10:00AM - 10:45AM**



# Ballet/Tap ages 5 - 7

Session 1: January 6 - February 10

Session 2: February 24 - March 31

**\$50 Resident | \$55 Non-Resident**

**Tuesday Evenings**

**5:45PM - 6:30PM**

# Ballet/Tap ages 7 - 10

Session 1: January 8 - February 12

Session 2: February 26 - April 2

**\$50 Resident | \$55 Non-Resident**

**Thursday Evenings**

**4:15PM - 5:00PM**



# Gymnastics ages 3 - 4

Session 1: January 8 - February 12

Session 2: February 26 - April 2

**\$50 Resident | \$55 Non-Resident**

Thursday Evenings

6:00PM - 6:45PM



# Gymnastics ages 3 - 5

Session 1: January 8 - February 12

Session 2: February 26 - April 2

**\$50 Resident | \$55 Non-Resident**

Thursday Mornings

9:00AM - 9:45AM



Session 1: January 8 - February 12

Session 2: February 26 - April 2

**\$50 Resident | \$55 Non-Resident**

Thursday Mornings

11:00AM - 11:45AM

# Gymnastics ages 5 - 7

Session 1: January 8 - February 12

Session 2: February 26 - April 2



**\$50 Resident | \$55 Non-Resident**

Thursday Evenings

6:45PM - 7:30PM

# Parent & Me Gymnastics ages 2 - 3

Session 1: January 5 - February 9

Session 2: February 23 - March 30

**\$50 Resident | \$55 Non-Resident**

Monday Mornings

10:45AM - 11:15AM



# Babysitting Class ages 11 - 16

Kids, 11 - 16 years old, will learn some great babysitting games, answers to common questions, how to stop sibling squabbling, meal time tips, first aid, diaper duties, and much more. This class is guaranteed to be fun and exciting for all ages.

Each participant will receive a certificate of completions through Heartbeat LLC and through the American Heart Association.

A light breakfast and pizza lunch are provided. If your child has allergies, please pack their lunch.



**Saturday, April 25**

**9:00AM - 2:00PM**

**\$50 Resident | \$60 Non-Resident**

## Tae Kwon Do ages 8+

Tae Kwon Do is action philosophy, the Korean art of self defense. Participants will learn the non-violent art and system of complete body exercises. There are mental, physical, and philosophical benefits to the class.



**February 5 - March 26**

**All Students: Thursday Evenings: 6:00PM - 7:30PM**

**High Belts: Thursday Evenings: 7:30PM - 8:00PM**

**\$50 Residents | \$60 Non-Residents**

## Mommy & Me Paint Party

This 2-hour paint party is suitable for all ages and will take participants step by step through creating their own version of the artwork while engaging their individual creativity.



Paints are washable but play clothes or a paint shirt is recommended. Light refreshments will be provided.



**Saturday, January 17**

**10:00AM - 11:30AM**

**\$43 Resident | \$48 Non-Resident**

**for both mom & child**

# Adult Fitness: Winter 2026 Schedule

## Mondays

8:30-9:30AM **BOOM MOVE** - Aimee  
9:30-10:30AM **SILVER FITNESS** - Aimee  
10:30-11:00AM **BEGIN. LINE DANCE** - Aimee  
6:00-7:00PM **TABATA** - Tammy

## Tuesdays

8:00-8:45AM **INTRO TO BOXING** - Darcey  
9:00-10:00AM **YOGA** - Jami  
10:00-11:00AM **CHAIR YOGA** - Jami

## Wednesdays

8:30-9:30AM **BOOM MOVE** - Aimee  
**GENTLE STRETCH** - Aimee  
**SENIOR SIT & STRETCH** - Aimee  
6:00-7:00PM **CARDIO SCULPT** - Tammy

## Thursdays

9:00-10:00AM **STRENGTH** - Jami  
**GENTLE YOGA** - Jami  
**LINE DANCING** - Betty

## Fridays

8:30-9:30AM **BOOM MOVE** - Aimee  
**GENTLE STRETCH** - Aimee



\*Classes run year round and  
are drop in ONLY.  
\$5/class

\*Silver Sneakers members  
receive one free class per week.

## MEET THE INSTRUCTORS

### AIMEE DEHOLLANDER

Teaches our senior fitness classes - Boom Move, Silver Fitness, Beginner Line Dance, Gentle Stretch, & Senior Sit & Stretch

### JAMI KOK

Jami teaches Strength, Yoga, Chair Yoga, & Gentle Yoga

### TAMMY ALLAN

Tammy teaches Cardio Sculpt and Tabata

### BETTY DEFOUW

Betty teaches Line Dancing

### DARCEY BEKINS

Darcey teaches Intro to Boxing

## CLASS DESCRIPTIONS:

**Beginner Line Dancing:** This class breaks down the basics of line dancing with slow, repetitive instructions.

**Boom Move:** A fun fusion of low-impact aerobics with popular line dances, all set to a great mix of music from a variety of genres. The easy-to-follow moves keep your body active while also giving your brain a healthy workout! With a welcoming atmosphere and a pace for all levels, this class is perfect for staying sharp, improving coordination, and having fun through movement and music.

**Cardio Sculpt:** A full body workout class to improve cardiovascular endurance & overall strength. Utilizing various cardio segments & strength training.

**Chair Yoga:** Enjoy all the benefits of yoga from the stability of a chair! This class is perfect for those who are new to yoga - modifications offered for various levels of activity.

**Gentle Stretch:** A slow and mindful total body

stretching class designed to improve flexibility, balance, and core strength. This class is easy on the wrists and knees, with no inversions or complex poses. We focus strictly on physical stretching divided between standing, chair and mat stretches, using simple, non-yoga terminology. The class is accompanied by uplifting music, offering encouragement and inspiration for the body and spirit.

**Gentle Yoga:** Relaxes, releases, & restores. Practiced slowly and all poses are done down on the yoga mat.

**Intro to Boxing:** A 45 minute full body workout. This class is an introduction to boxing that will show you what boxing is all about. From warm up drills, shadowboxing & rounds on the bags to strength training. Don't be scared to try it out, it's a great way to burn calories and have some fun or even knock out your stress.

This class is for beginners-intermediate boxers.

**Senior Sit & Stretch:** Experience the benefits of head-to-toe stretching in a safe and

comfortable environment with the support of a chair. This class is designed to enhance mobility and flexibility, improving balance. Breathing and relaxation exercises are incorporated to help reduce stress, improve concentration, and enhance mental clarity.

**Silver Fitness:** Stay active, strong, and healthy while building meaningful connections! This class combines standing and chair exercises with a focus on balance, strength, memory, and flexibility. Enjoy a supportive and fun group environment with social activities and gatherings throughout the year!

**Strength:** Intermediate level class - gain strength and endurance in all muscle groups to enhance your day-to-day living. We will be using body weight as well as hand weights and other equipment. Bring a mat!

**Tabata:** A HIIT that combines bursts of strength training in 20/10 second intervals/rest.

**Yoga:** Focuses on breathing, balance, flexibility & relaxation.

# Monthly Bingo

ages 55+

Join us the last Wednesday of the month for pizza and bingo! The registration covers your pizza lunch and your first Bingo card. Additional cards may be purchased. Pizza is served at noon and Bingo follows.

**\$4.50 Resident | \$5.50 Non-Resident**



**Wednesday, January 28**

**Pizza & Bingo | 12:00PM**

*Register by January 26*

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**Wednesday, February 25**

**Soups, Sandwiches, & Bingo | 12:00PM**

*Register by February 23*

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**Wednesday, March 25**

**Pizza & Bingo | 12:00PM**

*Register by March 23*



# Monthly Luncheon

ages 55+

Byron Township Recreation hosts a monthly luncheon for older adults. Each luncheon includes a meal provided by a great local restaurant, plus we provide entertainment that varies each month.

Doors open at 11:30AM to allow time for getting seated, and the luncheon begins at noon.

**\$6.50 Resident | \$7.50 Non-Resident**



**Monday, January 19**

**12:00PM**

*Register by January 16*

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**Monday, February 23**

**12:00PM**

*Register by February 20*

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**Monday, March 16**

**12:00PM**

*Register by March 13*

# Coffee with a Cop



Join Deputy Marmolejos the first Monday of every month from 10:30 - 11:30AM! Each session covers a new topic related to the Kent County Sheriff's Office. In the past, we have explored the Mounted Unit, Tactical Unit, and Drone Unit. Stay tuned for the new exciting topics in the coming months!!



**Monday, January 12**

**Monday, February 9**

**Monday, March 2**

**10:30AM - 11:30AM**

## Massage Days

After a hard day's work there is nothing better than a massage. Both Megan and Shawn from Hearth Mobile Massage LLC will be at the Byron Recreation Center to perform chair massages.



**Tuesday, January 20**

**10:00AM - 12:00PM**

**\$20 per 10 minute massage (limit 2 slots per person)**

**\$40 Resident | \$40 Non-Resident**

## Craft Time

Join Railside once a month for a free craft at the Community Center!



**Thursday, January 22**

**10:30AM**

## Reverse Mentoring

High School student will help answer your questions on variety of technologies. Just bring your device you wish to learn or answer questions on.

- Internet use - such as posting photos, sending emails, using facebook, and more!
- Mobile phones and tablets
- Digital cameras



**Friday, March 20**

**11:00AM - 12:00PM**

**Free. Call to Register.**

