

NEW SESSION STARTING

BYRON TOWNSHIP RECREATION

SPEED & AGILITY YOUTH CLASSES

**WITH TRAINER:
CHUMA ECHEBELEM**



Tuesday Dates:

Jan. 18, 25 & Feb. 1, 8 & 15

Thursday Dates:

Jan. 13, 20, 27 & Feb. 3, & 10

Tuesdays 4-5pm

Middle School/ High School
Speed & Agility

Tuesday 5-6pm

Middle School/ High School
Lineman Workout

Thursday 4-5pm

Middle School/ High School
Lineman Workout

Thursday 5-6pm

Middle School/ High School
Speed & Agility

Thursday 6-6:45pm

3rd-6th Grades
Speed & Agility

Cost:

5 sessions for \$75

or \$20 drop in



Call Today to Register Limited Spots Available 616-878-1998