

# BYRON TOWNSHIP RECREATION

## ADULT WOMEN'S 6's VOLLEYBALL RULES | 2023

Our indoor volleyball league is recreational and follows USA Volleyball standard rules of play, unless noted below:

- Players, Rosters, & Substitutions:
  - Every team is required to turn in a roster
    - Roster add-on forms can be turned in after original roster has been turned in.
    - A team will forfeit any game in which it is determined that a player has participated who is not listed on the roster, add-on, or is underage.
  - Team requirement – a team consists of 6 players, but may start and play with 4 eligible players. If a team does not have 4 players after 10-minutes post scheduled game time, a forfeit will take place.
  - Teams will play 6 on 6. If you have 4 or 5 players to start you will rotate those 4-5 players. There will not be ghost players if your team has less than 6.
  - It is highly recommended that players do NOT wear jewelry.
  - Players must wear athletic shoes. Any other shoes will not be allowed.
  
- Pre-Game Preparation:
  - A coin toss or rock/paper/scissors will be done at the beginning of each match to determine who will serve first. The winner will choose serve, receive, or side. The other will take the remaining option.
    - Serve will then alternate between teams to start each game thereafter. Teams will switch sides after each game.
  - Forfeit time is 10 minutes after SCHEDULED game time.
  - A coin toss or rock/paper/scissors will be done at the beginning of each match to determine who will serve first. The winner will choose serve, receive, or side. The other will take the remaining option.
    - Serve will then alternate between teams to start each game thereafter. Teams will switch sides after each game.
  
- Length of Matches & Games:
  - Match time limit is 60 mins, starting from the **actual** time (not scheduled time). Referees will be required to write the actual start time on the scoresheet.
  - Teams will play 3 games per match. All games will consist of rally scoring to a **maximum** of a 25 point cap.
    - If there is a tie at the end of the regulation time the game will resume until a winner is determined (next point wins).
  - Each team gets two 30-second time out per game.
  - Intermissions between games is a max of 1-minute.
  - Once your game finishes, please clear the court for the next team to warmup. Warm-ups are allowed before the scheduled start time, only if time exists. **Game time is game time.**
    - If you are the last game of the night, please clear out of the building immediately so staff can lock up.

- Hit Characteristics:
  - The ball may touch any part of the body (kick is allowed).
  - The ball must be hit, not caught or thrown.
  
- Faults:
  - Four hits – a team hits the ball 4 times before returning it.
  - Assisted hit – taking support of teammate or any structure/object in order to reach the ball.
  - Held ball – player does not hit the ball (unless when in defense of a hard-driven ball or when simultaneous contact by two opponents over the net leads to a momentary held ball).
  - Double contact – a player hits the ball twice in succession or the ball touches two different parts of his/her body.
  - Back row spiking or blocking in front of the attack line (10' line).
  
- Other Playing Rules:
  - Ball may contact any part of the body during a block.
  - Blocking does not constitute a team contact, and any player may make the second contact of the after the block. The blocking team will have 3 contacts after the blocking contact.
  - Any front row player can block.
  - Players, including their clothing, CANNOT touch the net during play. It is NOT a fault if a ball driven into the net causes the net to touch the player.
  - Players may go completely under the net to play a ball, but may not interfere with an opposing player.
  - If a serve hits the net and goes over, it is in play. (“Let serve rule”).
  - Players may not block or attack-hit a serve when the ball is entirely above the top of the net.
  - If any foreign object/non-player person enters the court during play, the ball becomes dead. The point will be replayed.
  - The official/on site supervisor shall call violations involving unsportsmanlike conduct.
  - A ball may be played out of the net and outside the court.
  - Balls that hit the ceiling or any object on the ceiling (excluding all basketball hoops and curtains) is still in play when it is over a team’s own court and falls back into a team’s own court, provided they still have any hits left to get it across. Balls may NOT be played off the side walls, basketball hoops, curtains, or any other objects around the court.
  
- Substitutions & Rotation:
  - Teams may use a traditional substitution format or a continuous rotation, as long as each player does not occupy more than one position in the service order in a single game.
    - Substitutions are open and unlimited.
  - Rotation order must stay the same throughout the game, but can be changed between games in the same match.
  - Players must start in their rotational positions but may switch right after the serve.
  
- Miscellaneous:
  - Managers are responsible for knowing the contents of all rules and regulations and informing her team of all the rules and regulations. Team managers are responsible for player and spectator control. Managers are also responsible for informing their players of all important league information and changes that will be communicated to them from the league director via email.

- Players may appear on one team in the Byron Township Women's Volleyball league. If a player must sub, they can only sub UP a skill division. Players cannot sub in divisions under their team's division.
  - Due to the nature of the game, players run the risk of injury and should be aware of that prior to participation. The Byron Township Recreation Department, the sponsors, or the managers are not responsible for player injury in or resulting from participation in this program. **Teams are responsible for their own first aid and supplies.**
  - Smoking, chewing tobacco or consumption of alcohol within Byron Township grounds will not be tolerated. Violation will bring individual and team indefinite suspensions.
  - League schedules will not be altered for any reason other than facility unavailability or a reschedule has to be made due to inclement weather cancelation.
- Player Conduct:
    - Any person associated with this program that uses or threatens to use violence during this program will be suspended automatically from all Byron Township Recreation sponsored activities. This can include abusive language. The site officials have the authority to suspend any person from the area for violation of any rules and regulations of the program. Any person who is suspended indefinitely from the program who wishes to be reinstated must appeal, in writing, to the Recreation Director. Should any player or person be ejected before, during or after a match, they must leave both the immediate playing area and spectator area for the remainder of the match. Ejected player or managers have two minutes to be "out of sight, out of sound". Failure to do so will result in a forfeiture of the games. Players or managers ejected shall be automatically ineligible to play in at least 1 regularly scheduled match in which that team plays. Depending on the severity of the incident, a suspension can be shortened or lengthened up to and including permanent suspension. If an incident occurs during the final regularly scheduled game, the suspension will apply to make-up games or playoffs. All cases are subject to review by the Recreation Director to determine the length of the suspension. Suspension may also occur through playoffs (if applicable) and may carry over to the following season. Threats to any Byron Township employees/officials will not be tolerated.